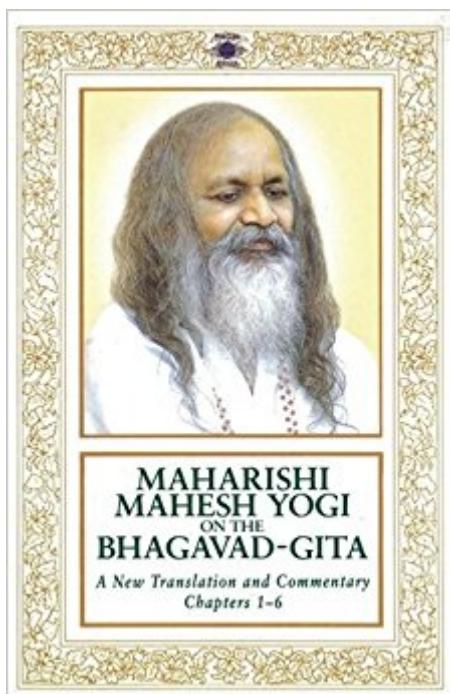


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# **Maharishi Mahesh Yogi On The Bhagavad-Gita : A New Translation And Commentary, Chapters 1-6**



## Synopsis

A translation and commentary of the central Hindu religious classic - The Bhagavad Gita

## Book Information

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## Customer Reviews

Several years ago I read one of the many translations available of the great classic, The Bhagavad-Gita. I was deeply moved by its beauty and by the ring of truth it conveyed. But it left me frustrated. I wanted to know how I could experience for myself the great truths of life and living presented in this luminous wok of literature. I wanted to be able to live my life with equanimity and balance amidst all the pairs of opposites in life, and I wanted to attain the higher states of human consciousness alluded to in the text. Nothing was mentioned that could point me in the direction of realizing these goals. Nor could I find any translations or commentaries of the Gita that offered a practical means for experiencing the kind of transformation its message promised. Then I got lucky. A friend gave me a copy of Maharishi Mahesh Yogi's translation of the Gita. Wow! What an exhilarating experience it was to encounter the clear and simple expressions of truth that resonated with my innermost Being, and best of all - to find that there is a simple and natural technique I can practice to bring these truths into the mainstream of my daily life. I am deeply grateful to have found this masterpiece of literature, translated and commented on by someone who obviously a great master of human development - someone who has scaled the heights of human consciousness himself and can illuminate each step of the way for those of us who long to live and give the fullness

that life has to offer.

The Bhagavad Gita at first seems like a small story from an epic poem, the Mahabharata. It tells about a great warrior, Arjuna, and his talk with Lord Krishna at the eve of a great battle between the virtuous Pandavas and the evil Kurus. Maharishi Mahesh Yogi, the teacher who brought the Transcendental Meditation technique to the world, has a few things to say about this work. He finds deep and profound meaning in it, and carefully and systematically brings then out in his unique and ground-breaking commentary. We learn that the knowledge Lord Krishna imparts to Arjuna includes the technique for transcending, also known as Transcendental Meditation. We learn that this technique has been misunderstood over and over again in many different religions and philosophies, especially after the great teachers and saints who started those traditions were no longer around to maintain the purity and simplicity of the technique.

I first read Maharishi's translation of the Gita in 1971. His commentary gives great insight into the practical philosophy which most know as his teaching of Transcendental Meditation. It is essential reading for anyone who has an interest in a practical investigation into higher states of human consciousness. Maharishi has sometimes been dismissed as a "popular guru" who was not for the serious spiritual seeker. This book reveals the deep thinker behind the headlines whose reading "into" the text creates more than many might expect.

This translation of the Bhagavad Gita is the most eloquent available. It is a very clear, accurate and beautiful translation which is a joy to read. The commentary is also excellent. It maintains a consistent, logical and fascinating explanation of the text. This book is a constant companion of mine. I highly recommend it.

I have read this book at least 5 times. Every time I discovered new and deeper values. It broadens the awareness to unboundedness. A seeker of truth finds answers to his questions and peace in his mind. To gain maximum value of this book, I recommend strongly to learn Transcendental Meditation (TM). TM gives direct experience of unbounded awareness and develops higher states of consciousness.

I have read and re-read this book numerous times. Each time it is a greater joy. There have been more commentaries written about the Bhagavad Gita than any other book in the world. Maharishi's

commentary provides you with the enlightened vision of the "Einstein of Consciousness" It is a source of the deepest wisdom of man. It is for anyone seeking answers.

Sanskrit can be quite wide in it's translation. Look how many different versions of the Gita there are out there? I read from this book every week and have never even considered I could exhaust it's depth. I know nothing about the Maharishis organization, but I do know quality translations when I read them. Get this book and DO what it says. You'll never be the same.

The clarity and simplicity with which Maharishi writes his commentaries are magnificent. I found myself reading the same page over and over, like I was drilling deeper and deeper into his view of the materials. I only wish he had done more writings on the rest of the Gita. But for now I have Chapter 2, verse 45 to sustain me.

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